

Ph: 800-437-FLEX or 757-340-4567 P.O. Box 8188 • Virginia Beach, VA 23450 www.flex-admin.com

## How to File

Form can be submitted by (1) e-mail, (2) fax or (3) mail.

To submit by e-mail, to COBRA Print Form and sign. E-mail form to COBRAdivision@flex-admin.com to RETIREE Print Form and sign. E-mail form to RETIREEdivision@flex-admin.com

To submit by fax, Print Form and fax to: 757-431-1155

To submit by mail print form and mail to: Flexible Benefit Administrators, Inc. P.O.Box. 2070, Virginia Beach, VA 23450

## **Employee Information** Previous Employer: (Do not abbreviate) **Primary Participant** Social Security Number or Date Of Birth Name E-Mail Address Phone Number Retiree

**Benefit Termination Information** 

COBRA

Reason for Termination Request\*

Benefits	Effective Date of Termination	Name of Individual(s) to Terminate (First, Last)	Terminate coverage for ALL covered
Medical			
Dental			
Vision			
EAP			
FSA			
Other			

\* If termination is due to death, please provide a copy of the death certificate.

I understand my submission of this form is a request to terminate the specified benefit(s) indicated above. Further, I understand Flexible Benefits Administrators, Inc. will contact me if my request to terminate coverage is denied for any reason.

Participants Name:

Print

Date

**COBRA/Retiree - Notification Of** 

**Termination Form**